



Take Our Kids to Work™

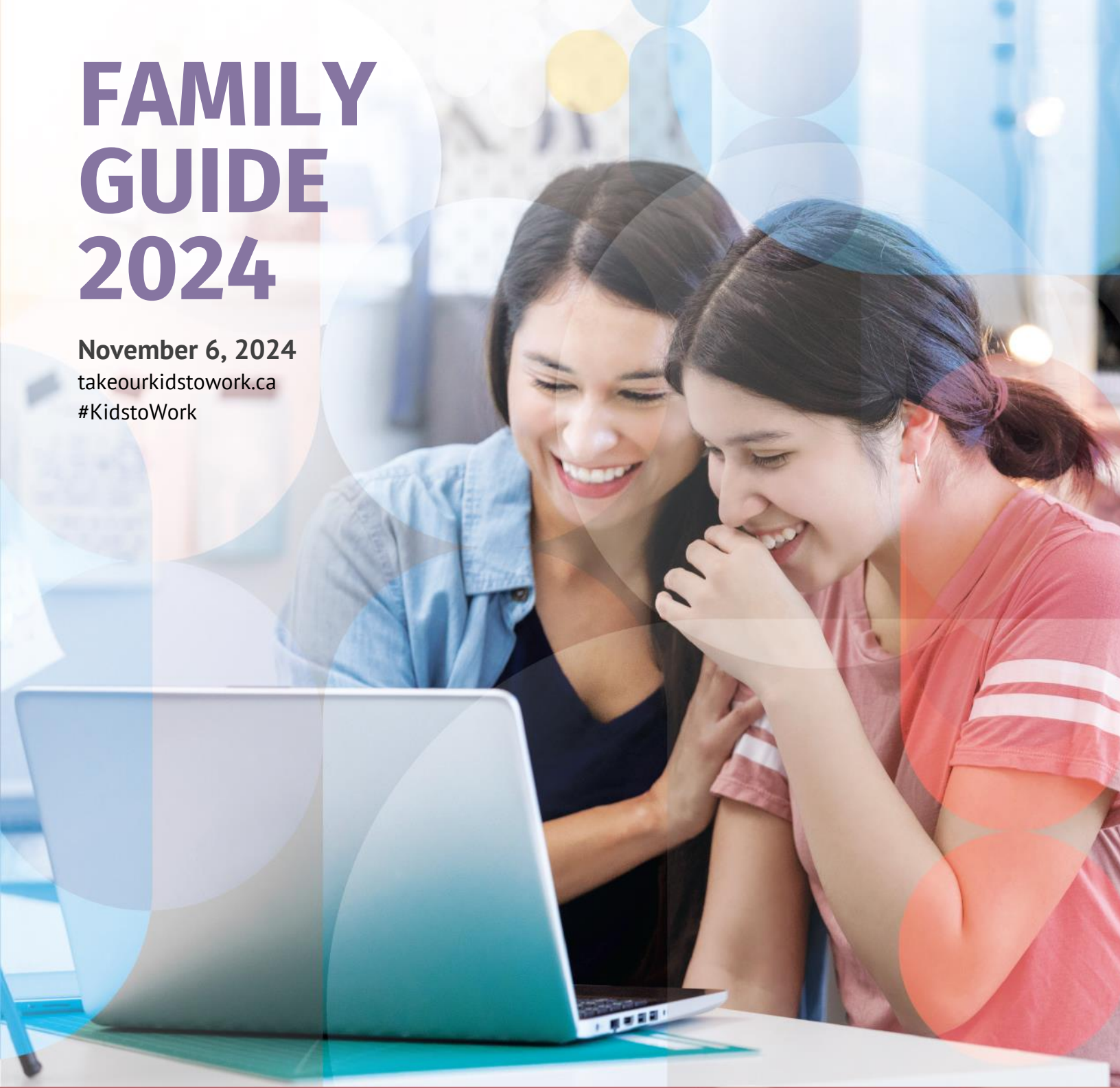
The Students Commission of Canada

FAMILY GUIDE 2024

November 6, 2024

takeourkidstowork.ca

#KidstoWork



Presented
with



Future Launch



TABLE OF CONTENTS

About the Students Commission of Canada	3
Welcome!	3
How to Participate in Take Our Kids to Work?	5
A Meaningful Career Exploration Day	6
Before the day	6
During the day.....	6
Breaking Barriers, Transforming Communities! Cornerstone Video.....	7
Robotics in Canada: A Glimpse Inside the Robotic Institute	7
Take Our Kids to Work Career Live!.....	7
After the day.....	8
The Students Commission of Canada and The Students Commission of Canada’s liability information	8
Thank you	9
Appendix	10
Pre-Event Activities.....	10
Setting your goals and expectations!	10
My values.....	12
Post-Event Activities.....	13
Career Rose, Bud, Thorn.....	13
Sharing My Stories.....	15





About the Students Commission of Canada

The Students Commission of Canada (SCC) is a charitable organization dedicated to ensuring that young people are valued, heard, and actively involved in shaping their futures. We work purposefully with partners to transform youth ideas into actions that improve their lives, the lives of their peers, and their communities. Our mission is to create a world where all young people transition positively into a successful adulthood, equipped with the skills, confidence, and opportunities they need to thrive.

Through initiatives like Take Our Kids to Work Day, we aim to break down barriers to career exploration and ensure that every young person has the opportunity to discover a diverse array of career paths. By fostering accessibility and inclusivity, we strive to empower youth to see their potential and realize their role in transforming communities across Canada.

Welcome!

Take Our Kids to Work Day, the landmark Canadian program dedicated to inspiring the next generation of leaders, is proud to announce its 30th anniversary celebration in 2024. The Students Commission of Canada (SCC) is creating new opportunities for both virtual and in-person experiences. With your participation, we hope to equip young people to live this year's theme: Breaking Barriers, Transforming Communities. We are committed to revolutionizing career exploration and engaging youth from all backgrounds to experience a meaningful day.

This year, on Wednesday, **November 6**, students, their parents, caregivers, educators, schools and workplaces will have access to a diverse range of content and to supplement the exciting learning experiences being made available by employers across Canada.

Take Our Kids to Work Career Live! makes it a truly national event where everyone can join





us for a coast-to-coast live conversation about careers in every part of the country. Students can ask questions of exclusive guests and share stories of discoveries from their own exploration with other students across Canada.

The theme for Take Our Kids to Work 2024: Breaking Barriers, Transforming Communities! Our resources, video speakers, and live stream feature diverse experiences and representatives. All students, regardless of their circumstances, will be empowered to see the value they hold and power they possess in making decisions about their future.

Ask for help! Questions?

info@studentscommission.ca

Signing up for Take Our Kids to Work 2024 with The Students Commission of Canada gives you access to all the details about the event, the resources, and updates about ***Take Our Kids to Work Career Live!*** It provides reminders and links to the recordings and resources for previewing all materials before they go live for students on November 6. Finally, it helps us to scope the impact of the event on a national scale.



How to Participate in Take Our Kids to Work?



There are more ways than ever for everyone to take part in this exciting day! Some of the possibilities:

- Students can participate in Take Our Kids to Work Day hosted **in person** by employers in their area for school groups or for individual students accompanied by parents, relatives or caregivers.
- Teachers can lead students through a Take Our Kids to Work Day **at school**, using the resources, the live streamed event and activities included in this guide.
- Students can participate in the virtual Take Our Kids to Work Day Career Live event and do other career exploration activities **from home**.

Tip: Caregivers, check with your employer to see if they are participating in Take Our Kids to Work 2024. Share Take Our Kids to Work Resources with the appropriate people in your organization and encourage them to learn more!

Tip: If your child's school is participating in Take Our Kids to Work, check with their teacher to see what their plans are for incorporating Take Our Kids to Work 2024 in the classroom.



A Meaningful Career Exploration Day



Before the day

Whether your child will be taking part in the Take Our Kids to Work day in your workplace, in school or staying home, engaging in some conversation and activities before the day can help to set the stage. To support your preparation efforts, we've provided a range of example activities in the appendix. These suggestions are designed to help you create a meaningful and engaging lead-up to TOKW, ensuring that students are well-prepared and motivated for the day ahead.

During the day

If your child is following you in your workplace:

1. Throughout the day, join the conversation and at Take Kids to Work Career Live! online: Use the hashtag #KidsToWork
2. Tag @StdntsCmmsn in all posts on X and @studentscommission on Instagram and tag The Students Commission of Canada on Facebook and LinkedIn
3. Take screen shots, video and group photos and tag us!

In the event that your child is staying home during the day, there are still various possibilities to experience a meaningful career exploration day. Here are some of the resources offered by the Students Commission of Canada that can we used at home.



BREAKING BARRIERS, TRANSFORMING COMMUNITIES! CORNERSTONE VIDEO

15 minutes

To kick off Take Our Kids to Work Day 2024, we are excited to present a cornerstone video featuring RBC and the Students Commission of Canada. This video will set the tone for the day and provide valuable insights into the significance of the program and the opportunities it offers for career exploration and community engagement. In addition, students will be able to get a virtual tour of RBC, meeting various employees and learning more about their unique journey.

[Access the video by signing up for our updates.](#)

ROBOTICS IN CANADA: A GLIMPSE INSIDE THE ROBOTICS INSTITUTE

15 minutes

Join us on a tour of the University of Toronto Robotics Institute, a leader in cutting-edge robotics research and a founding member of the Canadian Robotics Council. Sponsored by NGen, the industry-led, non-profit organization at the forefront of Canada's Global Innovation Cluster for Advanced Manufacturing, this "Walk With Me" video offers a behind-the-scenes look at the groundbreaking work happening in the lab. As we meet the brilliant minds behind these innovative projects and observe robots in action, you'll discover how the Robotics Institute represents the future of robotics in Canada. This video provides an exciting glimpse into the diverse opportunities available in robotics, both in academic settings and beyond, highlighting the broader landscape of robotics initiatives and leadership across the country.

[Preview the video by signing up for our updates.](#)

TAKE OUR KIDS TO WORK CAREER LIVE!

All-day drop-in

This virtual national event is designed to bring career exploration to life for students across Canada. Through live presentations, interactive sessions, and expert interviews, Career Live guides young people toward fulfilling career exploration. It provides a unique platform where students can engage in real-time with professionals from various industries, ask questions, and gain insights into a wide array of career paths. This event breaks down barriers to career exploration, making it accessible to all students, regardless of their location or background. Join us for one or many of the presentation and let's prepare youth for the jobs of today and tomorrow, ensuring they are equipped to thrive in an ever-changing world.

[Please see the full-day schedule here.](#)



After the day

Reflection activities are a valuable way to consolidate learning and share experiences after Take Our Kids to Work Day. To assist with these reflections, we've included a range of post-event activity suggestions in the appendix. These activities are designed to facilitate meaningful conversations and individual reflections, helping students connect their TOKW experiences with their future career aspirations.



The Students Commission of Canada and The Students Commission of Canada's liability information

Take Our Kids to Work Day is an educational program provided by employers for Grade 9 students across Canada. The Students Commission of Canada is pleased to provide suggestions to employers for planning and preparation, including health and safety preparation, in anticipation of Take Our Kids to Work Day. However, The Students Commission of Canada does not arrange or monitor activities or programs that are provided by employers as part of Take Our Kids to Work Day, nor do they provide specific health and safety training to employers or students. As such, employer and student participants in Take Our Kids to Work Day acknowledge and agree that participation in Take Our Kids to Work Day is completely voluntary, and employer and student participants acknowledge and accept all risks of participation and assume full responsibility for all such risks to themselves and/or liability to others.

The Students Commission of Canada is not liable for damages arising from any and all actions, claims, demands, obligations, causes of actions, costs, expenses, and compensation of any kind on account of or in any way arising out of, or which in the future may result from, participation in Take Our Kids to Work Day or in conjunction with Take Our Kids to Work Day or the negligence of other people, including other participants.



Thank you

Thank you for your collaboration and support innovating new ways to build future ready students. Together we can promote diverse career pathways and skills for the future, inspiring and equipping today's students to become tomorrow's problem solvers and changemakers.

We also want to thank all our generous supporters for Take Our Kids to Work 2024



Future Launch





Appendix

Pre-Event Activities

SETTING YOUR GOALS AND EXPECTATIONS!

Have your child complete Part A of this planning worksheet before Take Our Kids to Work Day. This can simply be a conversation starter at dinner, in the car, or done on paper. After the day, they will return to it to complete Part B.

Goals & Expectations of Take Our Kids to Work Day

Part A: Before Take Our Kids to Work Day

3 things I expect to experience during my Take Our Kids to Work experience:

1.
2.
3.

3 questions I hope to have answered during my Take Our Kids to Work experience:

1.
2.
3.





Part B: After Take Our Kids to Work Day

3 things I learned during my Take Our Kids to Work experience:

1.
2.
3.

3 careers or jobs I encountered during my Take Our Kids to Work experience:

1.
2.
3.

3 opportunities I am excited about after my Take Our Kids to Work experience:

1.
2.
3.





MY VALUES

When we name our values, it's easier for us to act in line with them. As a family, each member can do this activity at the same time and compare your answers. If your child is unsure about some of these words, it can bring great conversations.

Circle the five values on this list that are the most important to you¹.

- | | | | |
|--------------|--------------------|---------------------|-----------------|
| Achievement | Fairness | Integrity | Respect |
| Adventure | Faith | Joy | Self-discipline |
| Authenticity | Family | Justice | Self-expression |
| Balance | Freedom | Kindness | Self-respect |
| Belonging | Friendship | Knowledge | Spirituality |
| Community | Future generations | Leadership | Sportsmanship |
| Compassion | Generosity | Legacy | Success |
| Connection | Giving back | Love | Teamwork |
| Cooperation | Growth | Loyalty | Tradition |
| Creativity | Health | Making a difference | Trust |
| Dignity | Honesty | Nature | Uniqueness |
| Diversity | Hope | Openness | Vulnerability |
| Environment | Humility | Optimism | Well-being |
| Equality | Inclusion | Perseverance | Wisdom |

Write your own:

.....
.....

Discuss:

- Why did you pick these values?
- Which ones almost made your top 5? Why not?
- How can these values be reflected in a job, in the workplace?

¹ Adapted from Brené Brown: <https://daretolead.brenebrown.com/wp-content/uploads/2019/02/Values.pdf>





Post-Event Activities

CAREER ROSE, BUD, THORN

This activity allows students to reflect more deeply on their experiences and think critically about their future career paths. Either reflecting on the workplace they visited or the career exploration activities they did in class, use some or all of the questions below to fill out the worksheet.

1. **Rose (What went well or what did you enjoy?)**

- What aspects of today's career exploration activities did you find most exciting or inspiring?
- Thinking about your dream career, what aspects would be the most important for you?
- What skills or qualities of this career appeal to you the most?

2. **Bud (What are you looking forward to or what potential do you see?)**

- What new career possibilities are you excited to explore further after today?
- Are there any new skills or experiences you're excited to develop to pursue this dream career?
- What support would you need to move towards your dream career?

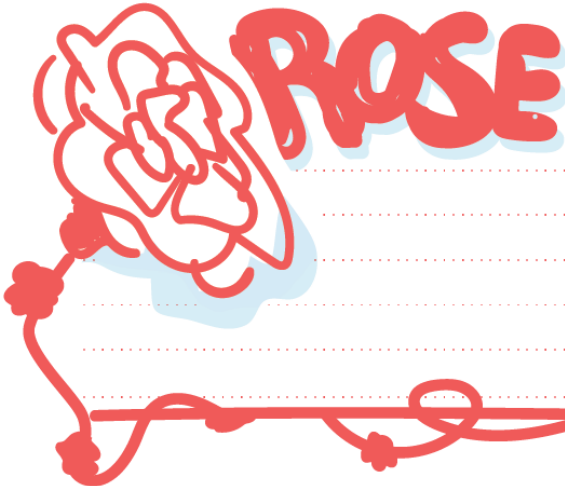
3. **Thorn (What challenges or difficulties did you encounter?)**

- Were there any aspects of today's activities or career exploration that you found challenging or confusing?
- What challenges or obstacles might you encounter on the path to your dream career?
- Are there any skills or qualifications you currently lack that might be difficult to obtain?



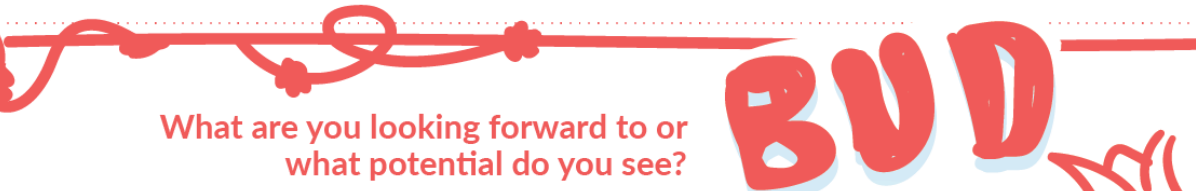
Worksheet: Career Rose, Bud, Thorn

Reflect on the workplace you visited or the career exploration activities you did in class.



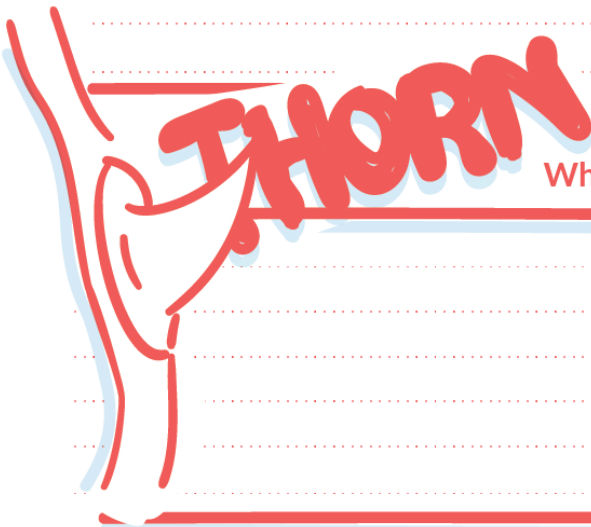
What went well or what did you enjoy?

Handwriting practice lines for the 'ROSE' section, consisting of a solid top line, a dotted middle line, and a solid bottom line.



What are you looking forward to or what potential do you see?

Handwriting practice lines for the 'BUD' section, consisting of a solid top line, a dotted middle line, and a solid bottom line.



What challenges or difficulties did you encounter?

Handwriting practice lines for the 'THORN' section, consisting of a solid top line, a dotted middle line, and a solid bottom line.





SHARING MY STORIES

We all have a story to tell about this day and we are still writing our story! This is a space for your child to reflect on their experiences right now and how they picture the next chapters.



Draw the cover of your story:

A book written by:

Title: What would the title of your story be?

Dedication: Who would you dedicate your story to? It could be yourself, a quote you resonate with, or an inspirational individual:

Introduction: What is there to know about the author? Where does the story begin?

What chapter are you at now? Chapter title:

What does your current chapter include? Where are you at now? What are some accomplishments and feelings about this specific chapter?

What would you like future chapters to look like? What are some of your hopes, dreams, and visions you would like to see in your future chapters?